

SCHOOL HEALTH PROGRAMME

School Health Programme is one of the important components of total Health Care Delivery System in the State, which helps in keeping close watch on the health of school going children. It is an admitted fact that the children are the future of the Nation. If the children are healthy, the Nation is bound to be strong. In the light of these observations, it was felt that the school health services should be developed as an integral part of the health care delivery system. Govt. of India have emphasized the importance of the medical check-up of Primary and secondary classes school going children. Keeping in the importance of the programme of medical check-up of school going children the programme was launched all over the State w.e.f. 1.8.81 with the available existing medical and Para-medical staff of PHCs, SHCs and CHCs. Under this programme all the school going children up to secondary Classes of Govt. And Private Govt. Aided were to be examined at least once in the academic year for Primary twice a year. The referral services are being done at all PHC hospitals. It was highly essential to establish School Health Clinics at District Headquarter. According to this School Health Clinics was established at District Headquarter in the phased manner. The magnitude of the problem is very big in the sense that there are about 40 lakh students' up to 12th classes who need to be examined during the year in Primary, middle, high and senior secondary school according to No. of schools list provided by the Education Deptt. All the Govt. Health Institutions irrespective of their places of establishment are actively involved in the implementation of School Health Programme in Punjab State.

A. State level functioning of School Health Programme.

At the State Headquarter Programme is being looked after by the Assistant Director, Health Education under the overall guidance of Director, Health & Family Welfare, Punjab.

- 1 Regarding tour Programme of School Medical Officer of all the districts compact disk is prepared every year as per the list supplied by the Education Department.
- 2 Monthly reports as received from all the districts are compiled and sent to Govt. of Punjab, Govt. of India, monthly, quarterly and yearly.
- 3 To provide requirement of medicine under school Health Programme, provision of budget for districts and submission of PIP to Govt. of India.

4 Monitoring, supervision and implementation of Programme in the districts of Punjab.

5 Review Implementation of guidelines of Govt. of India, quality of implementation, monitoring of flow of funds, medicines & review expenditure & functioning of districts.

6 For recommend award to the better performing districts.

The implementation of School Health Programme in Punjab State with the following objectives.

1 To conduct the medical check-up of all school going children from Primary to 12th standard.

2 To prepare permanent record of complete health profile of school going children up to 12th standard in the form of Registers or Cards.

3 To inform the parents regarding health status of the students and any follow up treatment required (if any)

4 To give information to the teachers and students on general health topics i.e. Nutrition/Balanced Diet, Oral Rehydration, Care of Eyes and Control of Blindness due to Trachoma etc., Common Accidents, Environmental Sanitation, Cholera, Diarrhoea and Dysentery, Malaria, Skin Diseases, Scabies, Dental Care, Worm infestation, Anaemia, Population Education and First-Aid.

5 Micro Nutrients :-

Anaemia: - i) Deficiency of Iron-100 Tablets of Iron Folic Acid gave to children to prevent anaemia.

ii) Worm infestation is another cause of anaemia more common in rural areas for this advised about personal Hygiene, Environment sanitations and Tablet Albendazole shall also be given. Students found anaemic advice to green leafy vegetables, Black Gram, Jajgary etc.

iii) For vitamin A deficiency advise about green leafy vegetables, yellow fruits, Butter. Concentrated vitamin A solution is given up to 5 years of age at an interval of 6 months, (starting from 9 months of age).

iv) Iodine is necessary for physical and mental growth of the child. Iodized salt should be advised in the diet.

- 6 To advise children and school health authorities regarding importance of safe drinking water and good environmental sanitation etc.
- 7 School Teachers will serve as a health counsellor for children regarding their personal hygienic habits, Posture and encourage them to develop good health practices. Teacher should also supervise how food is prepared, procured, stored or served in the school and encourage children to develop health full food habits.
- 8 Teachers should also help in measuring height, weight as well as preparing the list of the students to be examined.
- 9 District school health medical officer should stress up of the following points during their visits to schools to parents and children :-
 - a. Regarding harmful effects of Drug-Addiction, Smoking, Chewing of Tobacco and alcohol etc.
 - b. Tuberculoses-Cough more than 3 weeks sputum exam at PHC level.
 - c. Fever-More than fifteen days, blood examination for Typhoid and Hepatitis etc.
 - d. Sore throat-more than 3 weeks for Rheumatic heart disease, swab from throat should be taken.
 - e. Any kind of lump for cancer detection.
 - f. White spot on the skin with loss of sensation for Leprosy.
 - g. Importance of blood donation, prevention of female foeticides etc.
 - h. To detect children suffering from heart ailment and cancer and refer them to State Headquarter for their free treatment in PGI.
 - i. For adolescent girls and during teacher Parent meeting stress upon early registration of pregnancy, hospital delivery, spacing methods etc, should be given.
 - j. In addition to medical check-up, the teacher and the students are given health education on various general health topics, as stated above, so as to create awareness for accepting the principle of positive health. Depending on the age immunization status of the children, they are given services as per schedule under immunization programme. This component

helps in giving better and effective coverage to the School going children which in turn save them from falling prey to these preventable diseases which are otherwise known for high rate of mortality and morbidity.

The finding of this medical check-up is maintained in the form of register and comprehensive health is given by health department. This way, it is possible to maintain a permanent record of total profile of health status of each and every student which is given to him/her when he/she leave the school. In addition there are referral card, parent information card and follow-up card. It has been felt that without the involvement of the parents and teachers (Teacher training book will be supplied by the health department), it is not possible to effectively and successfully implement this result oriented programme particularly the referral and follow up components of the programme.

It has been found that approximately 22 % of school children are having diseases/defects/disorders which needs care and out of these 5% of students need referral services. The school health clinics also act as a referral services for these cases. The Government of Punjab has exempted the purchase fee, user charges for treatment and test from those students who come for referral treatment.

District Level Functioning of School Health Programme

At District Level, the School Health Programme is being looked after by the District Medical Officer under the overall supervision of Civil Surgeon of the district. The District School Medical Officer is part of the school health clinic team which is responsible for the check-up of school going children at the district headquarter as well as to provide the referral services to the children referred by the Medical Officer of the PHCs/SHCs. Further this team is also responsible for conductive the medical check up of the students of the areas where is no medical officer/Rural Medical Officer or on long leave.

The Standard District School Health Clinic comprise of the District School Medical Officer, One ENT Specialist, one Ophthalmic Officer, one Dental Surgeon, one Public Health Nurse, one Pharmacist and Para medical Staff i.e. Multipurpose Health Supervisor Female and Multipurpose Health Worker(Female) for Immunization & adolescent Health counselling.

Work and Methodology.

The School Health Team visits the schools for two days in a week at prayer time. Before the medical check up is started, Medical Officer/Public health Nurse Deliver lecture on some general topics on health and immunization so as to create awareness.

Tour Programme of the School Medical Officers for the School Health Programme- Compact disk was prepared as per the list supplied by Education Department.

The team thereafter conducts the medical check-up of the students up to 12th class and record their finding in the master register and the Cumulative Health Record Card, which are provided by the Education Department and refer those children, who require specialized treatment to the School Health Clinics or any other appropriate institution after discussing the problem with their parent.

The parents and the teachers are supposed to act upon the advice of the Medical Officer to ensure follow-up action. For the remaining four days ENT Specialist, dental Surgeon, Ophthalmic Officer work in the hospital to give referral services to the children referred to them. Public Health Nurse assists them. As far as District School Medical Officers concerned, he is supposed to go out in the field to visit PHC or SHC for the effective monitoring and supervision of the programme.

DUTIES OF DISTRICT SCHOOL HEALTH (HEADQUARTER STAFF)

District School Health Programme shall be under the charge of District School Health Medical Officer, who would work under District Health Officer or any other authorized by the Civil Surgeon.

1. In charge of the school Health Programme shall be responsible for collecting the reports from the whole of the district and will compile them for onward submission to the State Headquarter.
2. He will also take affective measures to achieve the targets not only in quantity but also quality.
3. He shall ensure that referred children by the Medical Officers form the dispensaries and PHCs are properly looked after by the specialists at District Headquarter.

4. He will himself conduct medical examination of area to which there is no Medical officer posted or Medical officer is on long leave. School health Medical Officer shall also examine cases in urban areas.
5. He will supervise the health education in schools with the assistance of the Public Health Nurse.
6. He will attend the monthly Senior Medical Officer's meeting held under the Chairmanship of Civil Surgeon to monitor the programme.

DUTIES OF E.N.T. SPECIALIST

E.N.T. specialist will visit Primary Health Centres and schools of District Headquarter on fixed dates twice a week. His tour programme shall be approved by the Civil Surgeon under intimation to the State Headquarter. He will examine and treat the cases referred by the various Medical Officers. Three days a week, he will work in the Civil Hospital to look after the referred children.

DUTIES OF OPHTHALMIC OFFICER

Given refractory services to school going and school dropout children. All children are examined and children who are unable to see distant objects, black board, should be given spectacles under school eye screening programme. (NPCB)

DUTIES OF DENTAL SURGEON

Medical Officer (Dental) posted at the District School Health clinic will work under the IDHC (Intensive Dental Health Care) Programme officer for 2 days in the block selected for programme to cover the schools as well as general public in the said block, where there is no post of IDHC programme officer, there he will cover the selected block for 4 days, rest of 2 days of week, he will cover local school of District Headquarter and treat the referred cases. Also he will perform the duties/assigned by Civil Surgeon/D.D.H.O. and District School Health Officer.

DUTIES OF PUBLIC HEALTH NURSE

- 1 She will deliver health education lecture in schools falling under the adjoining areas (under schools).

- 2 She will cover all the topics assigned by the State Health Education Bureau.
- 3 She will report regarding the environmental conditions of the schools from health point of view.
- 4 She will perform her duties in urban and rural areas.

DUTIES OF PHARMACIST

- 1 Pharmacist will accompany the E.N.T. Surgeon.
- 2 He will also compile the school health reports under the guidance of in charge School Health Programme.
- 3 He shall also do any other assigned by the School Health Medical Officer/District Health Officer/Civil Surgeon.

DUTIES OF MEDICAL OFFICERS CIVIL HOSPITAL/P.H.C./S.H.Cs (BLOCK LEVEL)

The Medical Officer posted in these institutions are actively involved in the implementation of School Health Programme and they follow a pre-planned schedule of visit to the school at least 2-3 days in a week, along with the Para medical staff. Apart from the effective medical check-up, they disseminated information on health problems to create awareness for positive health i.e. promotion of health and prevention of disease, which includes topics on environmental sanitation and safe drinking water supply etc. During the examination of children particularly of primary classes, the relevant immunization services are also offered i.e. D.T. and T.T. etc.

Reports and Returns

The concerned Senior Medical Officers or Medical Officers are supposed to submit the monthly progress report by 5th of the month or when they go to attend monthly meeting of Civil Surgeon Office, so that monthly reports of the district are compiled for sending to the State Headquarter by the 2nd week of the following month on the prescribed proforma.

M.O.-S.M.O.-C.M.O.-State level

ACTION PLAN 2009-10

1. To reduce morbidity amongst school children by preventing them from falling ill, prey to preventable diseases and thus help to reduce the drop-out rate amongst school children.
2. Early detection of defects in children and their proper treatment through referral services, which are free in Govt. Hospitals.
3. Providing Iron tablets to all school going children.
4. Providing de-worming to all children twice a year.
5. Providing emergency medical kits in all schools.
6. To provide scabies lotion to students suffering from scabies.
7. To detect students suffering from RHD/CHD & Cancer who will be treated free of cost at PGI, Chandigarh.
8. To impart health education to the school children and the teachers.
9. To advise the school authorities about safe drinking water supply, good environmental sanitation and cleanliness etc.
10. To provide curative, referral and follow-up services to the students of primary and middle classes of the schools through regular medical check-ups.
11. Requirement of medicine under School Health Programme, PIP submission to NRHM.
12. From the year 2008-09, Students up to 12th class will be examined as advised by Principal Secretary, Punjab Govt., Health and Family Welfare Department, so the target for the year 2009-10 will be approximately 40 lacs.

**Progress Report of School Health Activities held in the Punjab State during the
Year 2006-07 to September, 2009**

Sr. No.	Name of activity	Year 2006-07	Year 2007-08	Year 2008-09	Up to Sept,2009
1	Target during the year	29,43,502	23,42,888	29,11,032	2069266
2	Total No. of students examined	30,76,834	23,05,669	28,13,991	1164044
3	% age of students examined	104%	98%	96%	56.3

During the year 2008-09 Rs. 5 Crore received for School Health Programme from Govt. of India under NRHM, which have been spent as below :-

- 1 Health camps were held related to School Health at Community Health Centres and Sub-Divisional Hospitals for the Medical Check-up of school going children in which 1,10,888 children were checked and the expenditure occurred on it was Rs. 12,45,000.
- 2 Eye check-up camps were held at District Hospitals, Community Health Centres and Sub-divisional Hospitals on the occasion of 2nd October.
- 3 The decision was taken by the Govt. of Punjab for the free Treatment of Rheumatic Heart Diseases and Congenital Heart Diseases at PGI, Chandigarh on 04-11-2009.
- 4 Rs. 20,000 has been sent to each District for ECHO.
- 5 Advertisements have been published related to RHD/CHD Programme; the expenditure on it was Rs. 4 Lakh.
- 6 For prevention of anaemia, iron folic acid tablets (big and small) have been sent to schools for distribution to children. For skin diseases, Scabies lotion has also been sent to District Head Quarters.
- 7 The training is giving to one teacher of each school in district for the recognition of children with weak eye sight.
- 8 The snelin charts have been printed by Health Department and sent to all schools in the state of Punjab for the reorganisation of children with weak eye sight.
- 9 The guidelines have been sent to all Civil Surgeons for the recognition of RHD/CHD and Cancer cases at PHC and CHC levels.

- 10 Health Cards for 1st to 8th class have been printed by Education Department according to the sample sent by Health Department and for 9th to 12th class have been published by the Health Department and sent to all schools of the state of Punjab by District Education Officers.
- 11 The Referral Cards have been printed by Health Department and sent to schools for referring the children at block and district level hospitals.

The detail of expenditure on above mentioned activities is given below:-

For the year 2008-09

Sr. No	Name of Activity	Expenditure
1.	Medical Check-up Camps held at Community Health Centres, Sub-Divisional Hospitals on 14 th August and Eye Check-up camps at Community Health Centres, Sub-Divisional Hospitals and District Level Hospitals on 3 rd October for the recognition of children with weak eye sight.	Rs. 30,95,000
2.	For the treatment of school going children suffering from RHD/CHD.	Rs. 50,00,000 (Sent to PGI, Chandigarh)
3	Iron Folic Acid Tablets for anaemic (big and small) have been sent to schools for the distribution to children.	Rs.1,20,10,000
4	Albendazole Tablets have been sent for the distribution to school going children for deworming.	Rs. 41,00,000
5	Scabies lotion has been sent for skin diseases.	Rs.19,71,060
6	Advertisements have been published in newspapers.	Rs. 4,00,000
7	For the recognition of RHD/CHD (ECHO) at District Level (Rs. 20,000 per district)	Rs.4,00,000
8	School Health check-up cards were printed	Rs. 4,35,000
9	Referral cards were printed.	Rs.1,00,000
10	Snelin charts were printed for the check-up of eye sight of school going children	Rs.1,35,000
11	Purchase of Photostat machine	Rs. 51,967
Total		Rs. 2,76,98,027

EXPENDITURE PLAN FOR THE YEAR 2009-2010 FOR SCHOOL HEALTH PROGRAMME UNDER NRHM

1. Committed expenditure of 2008-09:-
 103 students referred to PGIMER for heart
 Treatment till 31st March, 2009
 Approximate cost of above = 103 Lacs
 Money sent to PGI in 2008-09 = 50 Lacs
 Committed liability of 2008-09 for these
 remaining cases 53 students = 53 Lacs
2. Money allocated for 2009-10 = 200 Lacs
3. Expenditure already done in the year 2009-10 as follows:-

Sr. No.	Name of activities	Amount spent
1.	Amount sent to PGIMER for heart patients	10 Lacs
2.	Amount sent to DMC Ludhiana for heart patients	30,50,047
3.	Amount sent to PGIMER for Cancer patients	10 Lacs
4.	Amount sent to District School Health Medical Officers for POL	4 Lacs
5.	News paper advertisement	91,319
6.	For Stationery to all districts	1 Lacs
7.	Screening of students	30,70,000
8.	For Referral Cards	2,00,000
9.	Expenditure on medical camps held on 13-11-09 on district & sub-division level	3,00,000
10.	Payment for RHD/CHD cases to Silver Oak	30,000
Total		92,41,366

4. Expenditure to be incurred in year 2009-10

Sr. No.	Name of activities	Amount spent
1.	App. Expenditure on the remaining Heart patients already sent to PGIMER and DMC, Ludhiana	87,08,634
2.	Printing of Health Card and Referral Card for students	50,000
3.	Amount already spent as per para 3	92,41,366
4.	Emergency Medical Kits for 20,000 schools in the state Rs 200/- per kit (20,000x200)	40,00,000
Total		2,20,00,000

RHEUMATIC HEART DISEASE AND CONGENITAL HEART DISEASE

The treatment of the students of Govt. and Govt.-aided schools of Punjab suffering from Rheumatic Heart Disease and Congenital Heart Disease under School Health Programme was started in November, 2008 funded by Govt. of Punjab under NRHM . Up to October,09 about 400 students referred to PGI, Chandigarh , DMC, Ludhiana , IVY , SAS Nagar and Silver Oaks, SAS Nagar and about 100 cases have been treated under this Programme. The total expenditure on the treatment was about Rs. 1 Crore 20 Lakh.

CANCER PROGRAMME

A Programme for the treatment of the students studying in the Govt. and Govt.-aided school of the State Punjab suffering from Cancer has been started in May, 2009 funded by Govt. of Punjab under NRHM under School Health Programme. Up to October, 09 about 28 students referred to PGI, Chandigarh. Rs. 10 Lakh incurred on their treatment.

EPIDEMIOLOGY SCHEME

Epidemiology Scheme is a Non-Plan Scheme. The services of the staff are being utilized for imparting, School Health Programme, Health Education Camps, Organising Exhibitions on various health programme, Film shows and Radio T.V. Talk. They also distribute printed material to the people so that awareness is generated in the community for positive health.

NUTRITION ACTIVITIES IN PUNJAB STATE

Applied Nutrition Programme was launched in the Punjab State during the year 1963. The programme mainly aimed at bringing about improvement in the dietary habits of the people so as to increase the nutritional value of the diet consumed by them.

The aim of nutrition education is to guide people to choose optimum balanced diet, remove prejudices and promote good dietary habits,. Nutrition education is a major intervention for the prevention of malnutrition,, promotion of health and improving the qualities of life.

In pursuance to the National Nutrition Policy, Nutrition branch carry out the following activities in the State:-

- 1 Popularizing low cost nutritious food through group meetings, mass meetings, lectures, seminars, health education and O.T. camps etc.
- 2 Popularizing breast feeding amongst the women as there is no other substitute of human milk for infants.
- 3 Putting up exhibitions on proper nutrition.
- 4 Distribution of Publicity material on nutrition.
- 5 Educating the people in proper nutrition through talks on Radio and T.V.
- 6 Prophylaxis against vitamin A deficiency in children in the age group of nine months to 3 years by providing vitamin A doses.
- 7 Prophylaxis against nutritional anaemia in women, adolescent girls and children by providing Iron and Folic Acid tablets too them.
- 8 Celebrating Breast Feeding week from 1st August to 7th August and National Nutrition Week from 1 September to 7th September every year.

**Progress Report of Nutrition Activities held in the Punjab State during the Year
2006-07 to Sept, 2009**

Sr. No.	Name of activity	Year 2006-07	Year 2007-08	Year 2008-09	Up to Sept,09
1.	No. of subjects covered under Nutrition Education	18	20		803
2.	Nutrition Education Camps held in the State	5073	8562	31351	17420
3.	Group Meeting	7774	13889	52161	20782
4.	Lectures	6985	13519	37635	18107
5.	Mothers participated under Nutrition activities	77437	41984	538647	258462
6.	Men participated under Nutrition activities	16365	17532	20400	139287
7.	Mothers participated under Deficiency of Vitamin 'A' Programme	75635	40315	11826	4952
8.	Children participated under Deficiency of Vitamin 'A' Programme	92545	82164	97110	54893
9.	The beneficiaries covered under Nutrition Anaemia :-				
10.	Mothers	13465	644	11826	77932
11.	Children	96575	5077	91176	75535
12.	T.V. Talks			228	78

Health Education through Exhibitions.

State Health Education Bureau is imparting education on various National Health and Nutrition Programme to create awareness among masses by putting exhibitions by State Exhibition Unit and Districts Units. The vehicle, POL, Banners, Hoardings etc are provided by the **Director, Health and Family Welfare, Punjab, Chandigarh.**

Detail of exhibitions held during the year April, 2006 to March, 2009 on subject like T.B., Leprosy, Water Borne Diseases, Malaria and Dengue, Female foeticide, Nutrition, Blindness Control Programme, AIDS, Drug-De-Addiction, Iodine Deficiency Diseases, Cancer, Importance of Breast Feeding, etc as under :-

For the Year 2007-08

S.No.	Date	Place of Exhibition
1	07-4-07	DHS, Punjab, Chandigarh
2	11-04-07	PHC, Manupur
3	18-04-07	Civil Hospital, Amlloh
4	25-04-07	Civil Hospital, Barnala
5	02-05-07	Civil Hospital, Kot Kapura
6	03-05-07	Guru Nanak Homeopathic Medical College, Ludhiana
7	09-05-07	Civil Hospital, Sangrur
8	16-05-07	PHC, Dhanola
9	31-05-07	DHS Office
10	05-06-07	DHS Officer
11	06-06-07	Civil Hospital, Anandpur
12	13-06-07	PHC, Kiratpur

13	20-06-07	PHC, Chamkor Sahib
14	20-06-07	DHS Office
15	04-07-07	Civil Hospital, Samrala
16	11-07-07	Civil Hospital, Hoshiarpur
17	11-07-07	DHS Office
18	18-07-07	PHC, Nurpurbedi
19	25-07-07	Ardinal Cabel Factory, Sec-29, Chandigarh
20	01-08-07 to 07-08-07	DHS Office
21	01-08-07	PHC, Lalru
22	11-08-07	Civil Hospital , Sangrur
23	12-08-09	PHC, Budlada
24	22-08-07	Civil Hospital, Fatehgarh Sahib
25	25-08-07	DHS Office
26	01-09-07	PHC, Dera Bassi
27	01-09-07 to 07-09-07	DHS Office
28	05-09-07	PHC, Chakkowal
29	12-09-07	Mini PHC, Mulanpur
30	19-09-07	PHC, Chhatrana
31	01-10-07	Civil Hospital, Barnala
32	10-10-07	PHC, Bharatgarh
33	01-10-07	DHS Office
34	15-10-07 to 17-10-07	DHS Office
35	21-10-07 to 25-10-07	DHS Office

36	24-10-07	PHC, Mehatpur
37	01-10-07 to 07-11-07	DHS Office
38	07-11-07	Civil Hospital, Ludhiana
39	14-11-07	Civil Hospital, Kartarpur
40	21-11-07	Civil Hospital, Phagwara
41	01-12-07	Civil Hospital, Ropar
42	07-12-07 to 09-12-07	Civil Hospital, Sangrur
43	08-12-07 to 10-12-07	PHC, Chamkor Sahib
44	12-12-07	Civil Hospital, Ropar
45	24-12-07 to 27-12-07	Fatehgarh Sahib
46	09-01-08	PHC, Kalomajra
47	12-01-08	Civil Hospital, Jalandhar
48	11-01-08 to 14-01-08	Civil Hospital, Mukatsar
49	03-01-08	Civil Hospital, Balachaur
50	06-02-08	PHC, Tanda
51	13-02-08	PHC, Panchhat
52	20-02-08	Civil Hospital, Rampur Phool
53	07-03-08	Civil Hospital, Faridkot
54	08-03-08	Civil Hospital, Jalandhar
55	05-03-08	Civil Hospital, Batala
56	07-03-08	PHC, Gharuan
57	12-03-08	Civil Hospital, Amritsar
58	19-03-08	Civil Hospital, Ferozepur

59	28-03-08	Civil Surgeon Office, Bathinda
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For the Year 2008-09

S.No.	Date	Place of Exhibition
1	02-04-08	CHC, Lehragaga
2	07-04-08	O/o DHS, Punjab, Chandigarh
3	09-04-08	PHC, Longowal
4	23-04-08	PHC, Sherpur
5	14-05-08	Civil Hospital, Smana
6	21-05-08	Civil Hospital, Nakodar
7	21-05-08	Health Systems Corporation, SAS, Nagar
8	31-05-08	O/o DHS, Punjab, Chandigarh
9	04-06-08	PHC, Possi
10	11-06-08	Civil Hospital, Sultanpur Lodhi
11	25-06-08	PHC, Muzferrpur
12	09-07-08	Civil Hospital, Philor
13	16-07-08	PHC, Bajakhana
14	23-07-08	PHC, Dudhansadhna
15	01-08-08 to 07-08-08	O/o DHS, Punjab, Chandigarh
16	13-08-08	PHC, Ghaduain
17	20-08-08	Civil Hospital, Bassi Pathana

18	27-08-08	Civil Hospital, Tarn Taran
19	01-09-08 to 07-09-08	O/o DHS, Punjab, Chandigarh
20	10-09-08	Civil Hospital, Baba Bakala
21	17-09-08	CHC, Mehalpur
22	24-09-08	BBMB, Nangal
23	24-10-08	O/o DHS, Punjab, Chandigarh
24	19-10-08	Civil Hospital, Talwandi Sabo
25	19-10-08	Civil Hospital, AP Jain, Rajpura
26	17-12-08	Civil Hospital, Garhshankar
27	23-12-08 to 26-12-08	Fatehgarh Sahib (Shahidi Jod Mela)
28	07-10-09	PHC, Bharatgarh
29	10-01-09 to 13-01-09	Mukatsar (Maghi Mela)
30	21-01-09	PHC, Sujjo
31	11-02-09	Civil Hospital, Nangal
32	18-02-09	PHC, Pakhonwal
33	25-02-09	PHC, Bhaini Bagga
34	08-03-09 to 11-03-09	Anandpur Sahib (Holla Mahalla)

For the Year 2009-10 upto Sept, 2009

S.No.	Date	Place of Exhibition
1	07-04-09	O/o DHS, Punjab, Chandigarh
2	08-04-09	PHC, Daroli Bhai
3	15-04-09	Civil Hospital, Sahnewal

4	06-05-09	Civil Hospital, Gurdaspur
5	20-05-09	Guru Teg Bahadur Hospital, Amritsar
6	31-05-09	O/o DHS, Punjab, Chandigarh
7	03-06-09	PHC, Tappa
8	10-06-09	PHC, Talwandi Sabo
9	17-06-09	PHC, Bajakhana
10	18-06-09	ESI Hospital, Mandi Gobindgarh
11	24-06-09	PHC, Patto Hira Singh
12	08-07-09	PHC, Mand Munder
13	15-07-09	PHC, Saroya
14	22-07-09	PHC, Nandpur Kalor
15	29-07-09	PHC, Nurpur Bedi
16	05-08-09	Civil Hospital, Kapurthala
17	12-08-09	PHC, Budlada
18	19-08-09	Civil Hospital, Nabha
19	26-08-09	Civil Hospital, Kurali
20	02-09-09	PHC, Hazipur
21	16-09-09	CHC, Shah Kot
22	23-09-09	PHC, Machiwara
23	29-09-09	Civil Hospital, Badal
24	30-09-09	CHC, Kala Sanghian

**Progress Report of Health Education held in the Punjab State during the Year
2006-07 to Sept,09 No target allotted**

Sr. No.	Particulars	2006-07	2007-08	2008-09	Up to Sept,09
1	Health Education Camps held in the State	69099	46105	61445	34483
2	No. of people attending the camps	1321991	1338594	1970402	751907
3	Eligible Couple motivated in the Camps	1601426	1113779	307356	133770
4	Total No. of subjects covered in the camps	1909	2113	2886	803
5	No. of patients treated in the camps	3443226	171970	640398	326455
6	Medical, Para Medical and other personals trained in the Camps	3743	2065	21760	7070
7	No. of O.T. camps	1006	946	6438	1522
8	No. of Topics covered in the O.T. camps	1363	988	513	250
9	No. of Exhibitions by the civil Surgeons office in the field	51	59	2701	949
10	No. of Topics covered in the Exhibitions	503	589	1848	658
11	Film shows sponsored	168	34	277	30
12	No. of Pamphlets, Posters and other printing material distributed	3968370	539591	433458	107
13	No. of Banners displayed	2768	2962	24950	29
14	No. of Puppet Show	16	-	49	145000

Radio and Television Health Talks Year 2008-09

Sr. No.	Subjects
1	T.B. Control
2	Vishav Sehat Divas
3	Annepan nu kiven rokiye ?
4	Zehrile bhojan da sehat te asar.
5	Kam-kaji Aurtan di khurak te dhian
6	AIDS lai jagrookta hi ilaz hai
7	Badlde mausam vich chamdi di sambhal
8	Sugar rog
9	Brain Attack
10	Heart Attack
11	Dma
12	Pulse Polio Muhimm
13	Garbh doran laggan wale tike
14	Nasha mukti centre kithon tak kamyab han?
15	Santulit Bhojan
16	Vishav Vatavaran Divas
17	Vadadi jansankhea darauana sach
18	Ayurvedan de faide
19	Bharun Hateya

Days and Weeks Celebrated under Health Education & Nutrition Programme.

The following days are celebrated every year under above cited programme:-

World Health Day: - 7th April

World No Tobacco Day: - 31st May

World Environment Day: - 5th June

International Drug de-Addiction Day: - 26th June

Breast-Feeding Week: - 1st August to 7th August

National Nutrition Week: - 1st September to 7th September